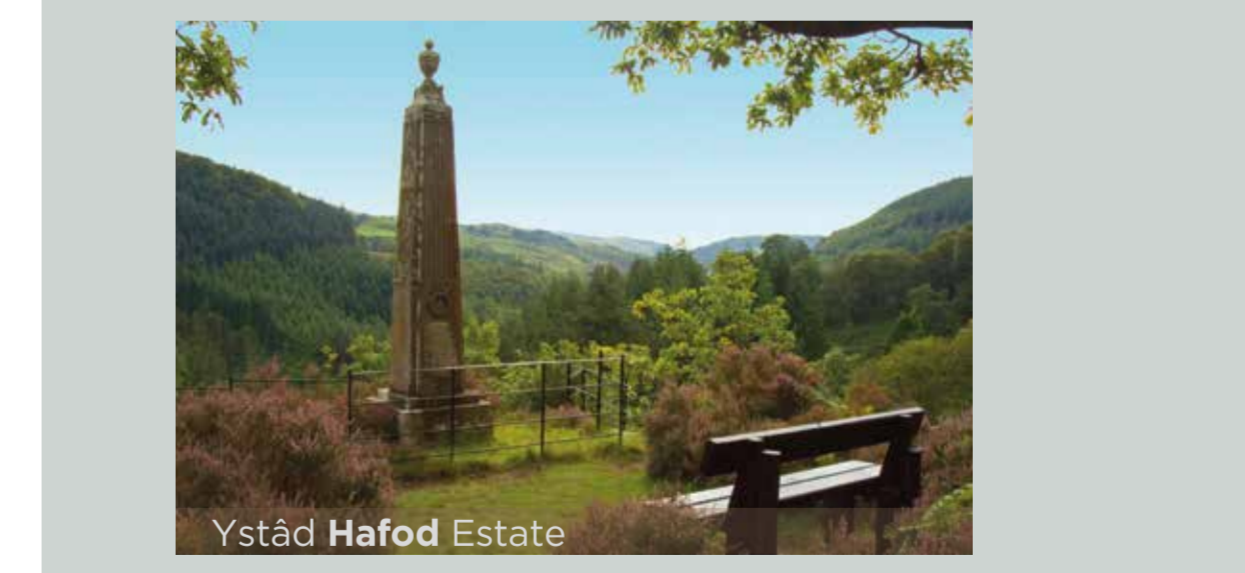










The ancient county of Ceredigion is characterised by its stunning coastline, upland landscape, wonderful wetlands and deep river valleys.

Natural Resources Wales is proud to manage some real gems in this scenically dramatic yet tranquil part of Wales.



**Take the time to explore more special places...**

- 1 Don't miss the daily red kite feeding at **Bwlch Nant yr Arian Visitor Centre** with its stunning walks, challenging mountain bike trails, café with lake/mountain views and children's play areas.
- 2 Enjoy views of the Dyfi estuary, huge shifting sand dunes, an impressive summer wildflower display and a huge raised bog at **Dyfi National Nature Reserve**.
- 3 Discover the **Hafod Estate's** historic "picturesque" landscape of waterfalls, walks and views.
- 4 Take in the 360 degree view from **The Arch's Panorama Walk**.
- 5 Relax on a riverside walk from **Black Covert**.
- 6 Marvel at waterfalls and deep gorges at **Coed Maenarthur**.
- 7 Explore **Coed Rheidol National Nature Reserve's** oak woodland with its moss and lichen-covered trees. The Rheidol Railway from Devil's Bridge is a great way to appreciate this landscape, or use public rights of way. [www.rheidolrailway.co.uk](http://www.rheidolrailway.co.uk) 01970 625819
- 8 Visit the remains of this culturally important Cistercian Abbey with its mountain backdrop. Admission charge from Easter-October [www.cadw.gov.wales](http://www.cadw.gov.wales) 01974 831261
- 9 **Red Kite Centre and Museum - volunteer-run** Housed in the old Victorian School see displays on the area's cultural, rural and wildlife heritage. Open Mon-Sat from April-September and most weekends in winter. Refreshments, free admission 01974 298977
- 10 **Devil's Bridge Waterfalls - private** Drop steeply down into the gorge to experience the spectacular 300ft waterfalls. Or try the shorter walk to see the Devil's Punchbowl. Admission charge [www.devilsbridgefalls.co.uk](http://www.devilsbridgefalls.co.uk) 01970 890233
- 11 **Longwood & Coed y Bont Community Woodland** A community woodland for everyone to enjoy.
- 12 **Tregaron town** This historic market town is a centre for 'Trotian' - horse trotting and carriage racing, and is a 'Walkers are Welcome' town and includes a range of shops, cafes and services.

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-  llwybrau beicio bike trails
-  maes chwarae play area
-  caffi café
-  golygfan viewpoint
-  lle picnic picnic area

